

**cubs**



**GLOBAL ISSUES**

**ACTIVITY**

**BADGE**



**MENTAL**

**HEALTH**

**AWARENESS**




**WEEK**

18-24 MAY 2020

#KindnessMatters



**KINDNESS**

 @MentalHealthFoundation  
 @MentalHealth  @MentalHealthFoundation



How to complete your badge:

**Complete all of the activities below!**

**Some ideas:**

**Badge Resources :**

<https://members.scouts.org.uk/documents/International/Cub%20Global%20Issues%20Badge%20resource%20-%202018%20-%20final.pdf>

**Recycle Devon :** <https://www.recycledevon.org/>

**Mental Health Awareness Week :** <https://www.mentalhealth.org.uk/campaigns/mental-health-awareness-week>

**Find out about an international charity. Your chosen charity could support global issues such as water and sanitation, poverty, refugees or disaster relief.**

Use the box below to tell us about your chosen international charity – what do they do and why is it important?

**Monitor the waste you produce at home or think about the waste you produce as a Cub Pack. Make a plan to reduce, reuse and recycle your waste.**

Use the box below to describe the waste you produce at home or with your Cub Pack, and tell us what you can do about it:

**Take part in an international awareness day or week.**

18<sup>th</sup> – 24<sup>th</sup> May 2020 is Mental Health Awareness Week. The theme is 'kindness'. Do at least five things to show kindness during the week and tell us what you've done and how it made you and other people feel:

Kindness activity 1 :

Kindness activity 2 :

Kindness activity 3 :

Kindness activity 4 :

Kindness activity 5 :

**Think about what you would need to survive if you became homeless because of a disaster, like flooding or an earthquake. Decide what your five most important things would be and discuss with your family members.**

Use the box below to tell us what your five things would be and why:

Survival item 1 :

Survival item 2 :

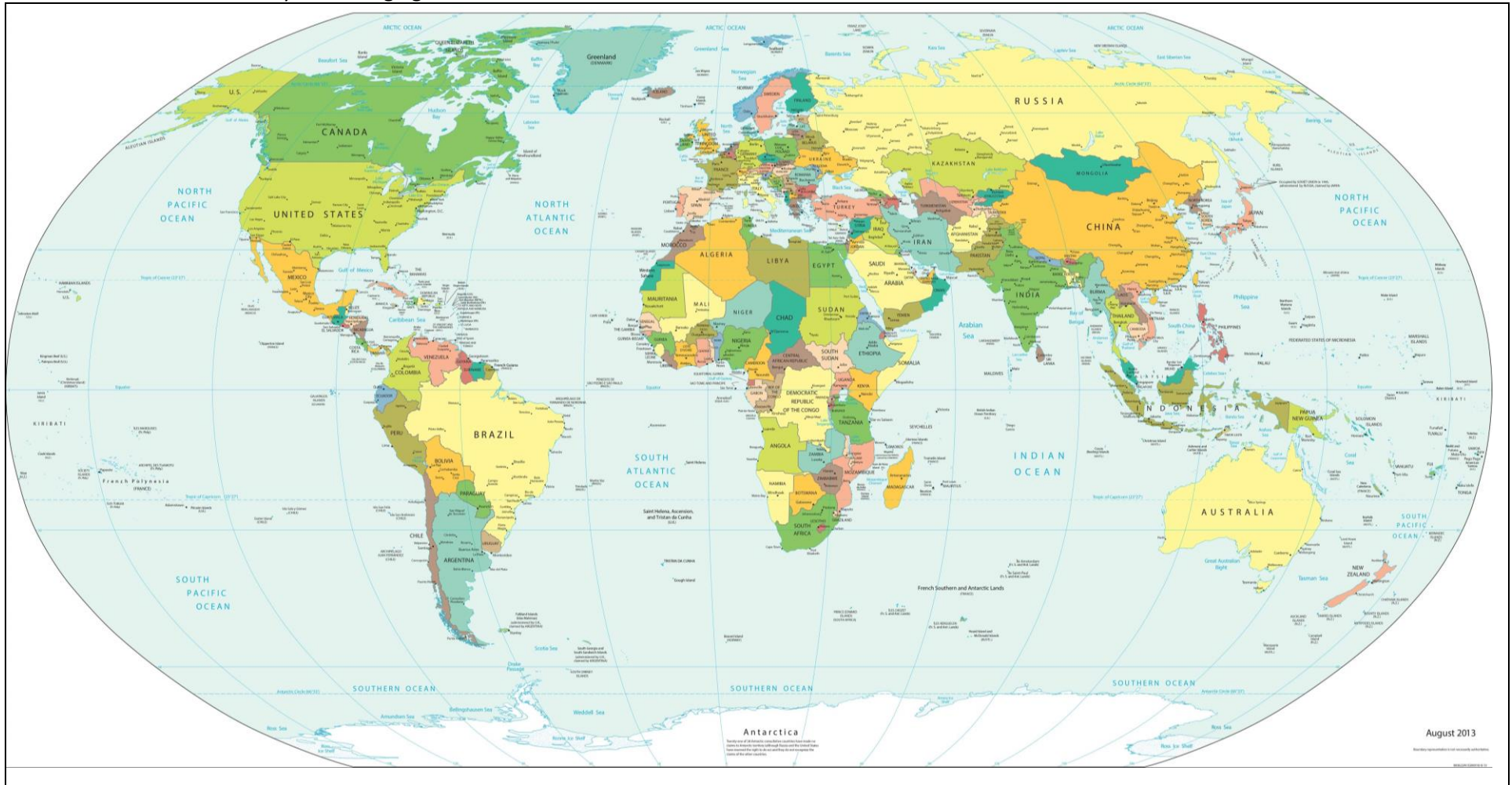
Survival item 3 :

Survival item 4 :

Survival item 5 :

Identify five belongings of yours that have come from other countries. Mark the countries on the map below. Talk to others about why your belongings have come from so far away.

Show us where in the world your belongings have come from:



**Once you have completed your challenge, upload this completed form to Online Scout Manager under 'Badges' and click the 'Global Issues' Badge. Then click 'Complete at Home' and submit your evidence.  
Good Luck!**